

Principle of Participation

Social case work is oriented towards the establishment of adjustment between a client and his social environment. In this reformatory process, the participation of client is very essential. The client should participate in the efforts which are undertaken with regards to the solution of his problem. Thus, the principle of participation gives the due recognition to client's individual efforts. Problem is faced by client and he knows better about reasons so his participation in throughout process is very essential.

Principle of Confidentiality:

In the process of social case work, the client discloses many of his secret facts. These facts are very useful for his treatment. But the revealed secrets should always be treated as confidential. In the other words, the client must have a firm faith that the facts disclosed by him will remain confidential. Confidentiality, in case work can be considered from two points of view, as an item in the professional code of ethics and as an element of the case work relationship. Confidentiality is the preservation of secret information concerning the client which is disclosed in the professional relationship. Case worker can disclose the secrets of client when he:

- Damages the rights of case worker
- Damages the rights of others
- Damages the rights of agency
- Damages the rights of whole society

Principle of Self-Awareness:

Like a client, the social case worker himself is a product of a particular environment. He has his own faiths, beliefs, attitudes and emotions. Therefore, the social worker should not be guided by his own emotions and attitudes. The principle of self-awareness is thus based on the assumption that case worker should be aware about his own conviction. In dealing with the client's problem, his approach should be objective.

Principle of Growth & Change:

Every individual has the potential for growth and change. The greatest help that any one can offer is to enable another person to realize his own potentiality for growth and change. However, one cannot realize such changes in another person unless one knows how to motivate that person. A person is motivated to change in the hope of getting some satisfaction. So the case worker has to motivate the client to change in the hope of attaining greater satisfaction.

Principle of Purposeful Expression of Feelings:

One of the greatest challenges in human living is to keep the emotions well ordered. If the basic psychological needs are deprived of expression, frustration results and this may lead to unhealthy mechanism. Purposeful expression of feelings is the recognition of the client's need to express his feelings freely, especially his negative feelings. The case worker listens purposefully neither discouraging nor condemning the expression of these feelings.

Principle of Controlled Emotional Involvement:

The case worker must not be emotionally involved with the client during the case work process, when the client communicates his feelings or problems with the case worker. He should avoid to mix his emotions with the emotions of client who is with a problem.

Principle of Self-Determination:

During whole case work process, the case worker avoids to force his client for doing any actions. He assesses his problem and finds out possible solutions. He guides his client for better solution of problem and gives him choice to decide any and everything about problem solution. Client can make good decision after guidance from the worker. So, the worker should give him right of self-determination.